

DAVID DORFMAN DANCE | Virtual & Social Distanced Programming

VIRTUAL PRESENTATIONS

- Technology: Zoom or other live streaming platform provided by presenter.
- Company requires Presenter to provide virtual stage manager to run virtual activities. A tech rehearsal before every event with the virtual stage manager is required.
- All activities are adaptable and can be tailored to meet the needs of the presenter.

BEHIND-THE-SCENES: Making (A)Way Out of My Body

A behind-the-scenes look into the choreographic process and themes behind David Dorfman's newest work "(A)Way Out Of My Body." Brief excerpts of the work are screened and discussed with company members and collaborators which may include multimedia artist Andrew Schneider, musicians Sam Crawford, Jeff Hudgins, Liz de Lise, and Zeb Gould. Event may include live music performance. Event may be tailored to meet the needs of presenter and their audience.

- Technology: Zoom
- Running time: 50-60 minute (30-40 minute presentation/talk followed by 10-20 minute Q&A)

MOVEMENT AS A WAY OF LIFE

Virtual Visit with Choreographer David Dorfman

An intimate evening discussion with David led by (Maura Keefe, David Kyuman Kim) in which they walk through the decades of David's career starting from the moment he decided to *make the move* from majoring in business to making dance his life's work. He'll share how dance has created the lens through which he seeks to make positive societal change and to heal - ultimately working to spread the word that "movement is necessary:" physical movement, societal, communal and more. The evening will inspire you to make moves of your own.

VIRTUAL EXPERIENCE with David Dorfman Dance / Collaboration in Real Time

Join David and DDD dance artists for an evening of interactive movement exploration. David and company will share insight into how the company's motto: "Movement is Necessary" informs how they all choreograph movement for stage and life. David's trademark style of humor combined with physical metaphor will emerge as a tool for living and inspiring others through these tumultuous times.

MAKING MOVEMENT COUNT with David Dorfman Dance

Dancers, Musicians, and You! Join David Dorfman Dance for a virtual evening of dance, music and conversation. Imagine an entire dance company comes to your home and gives you an intimate glimpse into what it means to make movement art a way of life. You'll leave feeling inspired and charged to continue positive presence during these bizarre times. Personnel includes: David Dorfman, 5 Dancers, 2-4 Musicians

VIRTUAL WORKSHOPS

DAVID DORFMAN DANCE MOVEMENT WORKSHOPS

- David + 2 company members
- Technology: Zoom
- 25 Students Max
- 60 minute workshop

PERFORMING CITIZENSHIP WORKSHOP

How can we acknowledge efforts of everyday people to make sense of their lives, especially in terms of struggles with forces of discrimination, alienation, violence and dehumanization? As joy is sought, how do our bodies lead the way, react, or change?

PCW is a movement-thought lab aimed at deriving how our bodies “represent” ourselves, and how the notion of representation, presence, and agency in regard to societal behaviors in general, and those attached to citizenship in particular, govern our actions - and by extension, how our actions are governed. The workshop will be collaborative and improvisational, exploring the complex relationships between thought, emotions, politics, principles, power, social inequality, and movement/dance/text.

- One workshop or (3) three-day/three workshop series option
- David + 2 company members
- Technology: Zoom
- 25 Students Max
- 60 minute workshop

Description: Class begins with movement assignments in a Zoom class to get the students moving and expressing about their bodies and their personal/societal politics. The students are then divided into Breakout Rooms to do assignments in real time with their colleagues. The assignments are recorded and then the groups come back together to watch everyone’s contributions.

Multiple workshop option: If there are multiple workshop days, then the students will receive overnight assignments that can be loaded onto a Google Drive and are watched jointly for discussion.

VIRTUAL WORKSHOP SERIES: (A)Way Into Our Bodies

How do our bodies serve as powerful conductors of emotion, strength, vulnerability and change? In this workshop students use text, movement and music to create video assignments exploring these themes.

- Two-workshop series
- David + 2 company members
- Technology: Zoom
- 25 Students max. (dance, theater and music students)
- 60 minutes each workshop

Workshop #1: Our first workshop will begin with a vocal/kinetic introduction game, a movement warm up and an introduction to DDD movement concepts. We will continue with text/movement/music assignments, in Breakout Rooms, based on how our bodies serve as powerful conductors of emotion, strength, vulnerability and change in regard to the outside world and its many complexities. After completion, these short assignments will be shared with all classmates in real time. The class will end with a wrap-up discussion, and the explanation of one trio video assignment (to be posted prior to the next workshop).

Workshop #2: (same 25 students) We will first view video assignments from the last workshop and engage in humane critique, led by all three company facilitators. A brief energized warm-up with one short dance phrase will be given, followed by one last text/movement/music improvisation done in three groups live, observed by the other two groups. A collective de-brief will conclude the two-workshop series.

ADDITIONAL WORKSHOPS*

All following workshops include:

- 1 company member
- Technology: Zoom
- 25 Students max. (dance, theater and music students)
- 60 minutes each workshop (unless otherwise noted in description)

*Subject to availability, contact Pentacle for details.

MOVING WITH MOMENTUM (Modern/Post-Modern Technique)

Taught via Zoom, movement material will range in styles from release-based post-modern work connecting with the floor, to an eclectic standing modern class. Concepts such as a weighted and grounded approach to movement, harnessing the body's momentum and force ("throwing your weight around"), emphasis on intent and focus, and compositional choices through improvisation will be included. Constructive support to all students will be given - we will have fun! Running time: 60-90 minutes

CHOREOGRAPHY CLASS

Taught via Zoom, students will engage in choreography as social and personal commentary. Working in class on both solo and group projects (via Breakout Rooms), students will be encouraged to find compositional means for exploring ideas urgent for them. Prompts for both movement and text will be given to maximize each student's unique "voice" and to make a synergistic union between the time in which we are living and our bodies. Running time: 60-90 minutes

TEXT+VISUALS FOR HOME AND BODY

Taught by Myssi Robinson

Environment reinforces narrative and with enough attention, we can create a compassionate audience from the present moment. Through site-specific movement improvisation, vocalized remembering, and visual archiving we will try to build and witness multi-disciplinary excavations and explorations of our fantastical selves. Performance, unlined paper, wildness, three different color writing instruments, tape to easily cover and uncover your camera, and self-acceptance required.

SOURCING YOUR INTUITION

Taught by Jordan Lloyd

The body is a vessel of energy through which we take in the world, both consciously and unconsciously. This class is focused on the inputting, absorbing and embodiment of external information as our primary source of movement inspiration. Through extended periods of improvisation, we will try and shrink the time between the digesting of these external materials, and their manifestation into movement. We will practice trusting the impulses of the body as they ignite separate from conscious reasoning, a practice in saying yes to our intuition. As we progress through class, we will allow movement to act as a portal to our imagination, memory and deeper levels of experiencing and feeling. While the class will be guided, your experience is independent, leaving space to pause, exit, and re-enter as you need.

WHERE ARE YOU/WHAT YOU HAVE

Taught by Doug Gillespie

Diving into choreographic invention with *Where You Are* and *What You Have* as the inspiration for creating movement; investigating objects and our surroundings turning mundane into majestic! Board games, magazines, clothing and your unique space will be just some of the fodder utilized in our collective and individual scores to spark the movement genius inside us all!

BODY AS HOME

Taught by Kellie Anne Lynch

We will use Contemplative Dance Practice, created by Barbara Dilley, as a template for inhabiting our internal and external experience through meditation and movement. The structure is as follows: 20 minutes of meditation. 20 minutes of self-awareness practice (warm up). 20 minutes of open improvisation. The format and time structure will change based on your curiosities and desires. The meditation practice will be mostly guided (inspired by Feldenkrais) and will be an opportunity for you to experience your inner space before you move outward. The culmination of the practice is the arrival of each person in "open dance" for the purpose of sharing ourselves and sharing the collective dance. We will finish the practice with a brief reflection, writing and discussion.

SONIC COLLECTIONS INTO COMPOSITION

Taught by Lily Gelfand

What is the importance of sound in relationship to our moving bodies and choreographic minds? How do we characterize, create, and imagine sound, and furthermore how can we embody it? Through free-writing, remembering, discussion, and guided improvisation, we will begin to build our own, individual sound and text scores, drawn from our lived experiences and current surroundings. Paying attention to tone, texture, time, and imagery, we will explore how we can sonically support the environments we create through our movement. Important tools to bring: pen/paper, separate recording device (although not required). Prior music experience is not required, all are welcome.

SOCIAL DISTANCED PROGRAMMING

DAVID DORFMAN DANCE HIGHLIGHTS PROGRAM (Indoor or Outdoor, Small Cast)

Sourcing the vast archives of David Dorfman Dance, the company works with the presenting venue to create a program tailored to meet reduced running time and personnel restrictions set forth by the venue. Highlighting DDD's mission to emphasize the importance of joy, resilience and community, the program offers excerpts and adaptations from works that may include: *Aroundtown*, *(A)Way Out of My Body* and *Prophets of Funk* among others.